



Co-funded by the
Erasmus+ Programme
of the European Union



Monster Castle - Intercultural awareness and understanding

ACTIVITY 3: DIFFERENT WAYS OF EATING

Objectives/ aims of activity (children will be able to):

- Understanding different ways of eating in different languages
- Exploring desserts as a cultural diversity

Activity steps

1. The teacher displays various pictures showing different ways to eat food and engages children in a conversation about cultural habits (e.g., cutlery for, e.g., Tiramisu or Pudding, chopsticks for Yokan or Wagashi, hands for Fueskichelcher or Baklava; see pictures).
2. Each child gets a Bingo card with a mix of dessert images and utensils. The teacher calls out or shows a card of a dessert/utensil and children need to mark the matching square of their card (Pudding – spoon).
3. A snack event is being organized together with the children. Parents are invited to bring desserts originating from the country they most identify with (they are asked to label the desserts with key ingredients, to help identify potential allergens).
4. Together, children and parents have the opportunity to try eating in different ways. An art corner can be installed, where they can use materials (e.g. buttons, cotton balls, yarn, paper) to make a collage of an invented dessert and a way one can eat it.

Resources needed to carry out the activity

- Resource “1000 ways to eat”: Story6_PL_3_Res
- Materials such as buttons, cotton balls, yarn, paper, etc.
- <https://studiowilliam.com/cutlery-from-around-the-world/>
- [https://www.latmultilingual.com/blog/eating-around-the-worl-with-unique-dining-traditions/](https://www.latmultilingual.com/blog/eating-around-the-world-with-unique-dining-traditions/)

Approximative time indication for activity: adapt as needed

Link to other activity

- FOOD TRAVELS (Intercultural awareness and understanding, Story 4, activity 1)